



Pre-operative Instructions

For patients having IV sedation or general anesthesia:

- Do not have anything to eat or drink (including water) for eight hours prior to your appointment.
- Drink plenty of non-alcoholic fluids the evening before your procedure.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive the patient home.
- The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia.
- Please wear loose fitting clothing with sleeves that can be rolled up past the elbow, and low-heeled shoes.
- Contact lenses, jewelry, and dentures must be removed at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, stomach or upset bowels, please notify the office.
- If you take routine oral medications, please check with Dr. Golnazarian prior to your surgical date for instructions.

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